



Caring Friendships

Curriculum Links:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

Key Facts:

- How important friendships are in making us feel happy and secure, and how people choose and make friends.
- The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.
- That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.
- That most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.
- How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.



Key Vocabulary

Bullying	Seek to harm or intimidate someone
Cyberbullying	The use of electronic communication to bully a person
Loyalty	giving or showing firm and constant support
Manners	Polite social behaviours
Personality	Characteristics or qualities which form a person's character
Respect	Admiration felt or shown for someone or something

Possible experiences: We should already know:

- Use scenarios to identify 'what is wrong'
- Discuss how we are kind to our friends
- Discussions around key terms
- Play co-operatively with others, taking turns
- Show sensitivity to other peoples needs and feelings
- Form positive relationships with adults and other children.
- Talk about how others show their feelings, behaviours and its consequences.