

Online Relationships and Being Safe



Curriculum Links:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

Key Facts:

Online Relationships

- That people sometimes behave differently online, including by pretending to be someone they are not
- That the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous
- The rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them
- How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met
- How information and data is shared and used online

Being Safe

- What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)
- About the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe
- That each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact
- How to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know
- How to recognise and report feelings of being unsafe or feeling bad about any adult
- How to ask for advice or help for themselves or others, and to keep trying until they are heard
- How to report concerns or abuse, and the vocabulary and confidence needed to do so
- Where to get advice e.g. family, school and/or other source

Possible experiences: We should already know:

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| • Look at examples of how to report concerns online | • Sometimes people behave differently online |
| • Create internet safety posters/adverts | • The same principles apply to online relationships as face-to-face |
| • Look at scenarios—discuss how to keep safe | • Rules and principles for keeping safe |
| • NSPCC—Stay Safe workshop | • That information is shared online |
| | • The risks associated with forming relationships with people they haven't met |



Key Vocabulary

Media	Ways of mass communication (broadcasting, publishing and internet)
Password	A word or phrase used to gain admission
Privacy	Someone's right to keep their personal matters and relationships secret
Safety	Being protected from danger, risk or injury
Settings	Where you can set various functions
Spam	Unwanted messages sent over to the internet
Troll	A person who makes deliberately offensive posts online
Virus	A piece of code which has a negative effect