



## Year R

Games - 23 weeks

Dance - 8 weeks

Gym - 8 weeks

## KS1

Lesson 1	Lesson 2
Invasion - 13 weeks	Dance - 12 weeks
Racquet Sports - 13 weeks	Gym - 12 weeks
Striking and fielding - 13 weeks	OAA - 5 weeks
	Athletics - 5 weeks
	Balance bikes - 5 weeks

## LKS2

Lesson 1	Lesson 2
Invasion - 11 weeks	Dance - 10 weeks
Racquet Sports - 11 weeks	Gym - 10 weeks
Striking and fielding - 11weeks	Swimming—10 weeks
Athletics - 6 weeks	Scooters - 5 weeks
	OAA - 4 weeks

## UKS2

Lesson 1	Lesson 2
Invasion - 11 weeks	Dance - 10 weeks
Racquet Sports - 11 weeks	Gym - 10 weeks
Striking and fielding - 11weeks	Swimming—10 weeks
Athletics - 6 weeks	Fitness - 5 weeks
	OAA - 4 weeks