

# ADHD information workshop

22/01/2025

9am-11am

Meet in the school  
office



## GRAB A CUPPA AND HAVE A CHAT

This workshop aims to give information about ADHD and strategies for support at home. As well as a presentation led by a senior member of the NHS emotional wellbeing team, there will be lots of opportunities for discussions amongst parents and carers to share ideas and support each other. Your child does not need a diagnosis for you to attend this workshop.