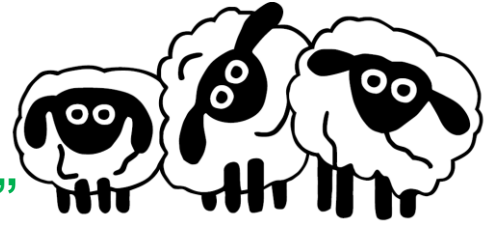


Greenfields

Community Primary School

“Excellence by everybody in everything”



Thursday 11th September 2025

Dear Parents/Carers

Food and Nutrition Policy

I am writing to bring your attention to a new school policy. This policy is to support staff, parents/carers and children by providing clear guidance on the food provision during the school day. It highlights our approach to promote healthy eating and nutrition in line with the **School Food Standards (DfE 2019)**, **Statutory Framework for the EYFS (DfE 2025)** and **Early Years Foundation Stage nutrition guidance (DfE 2025)**.

A copy of this policy can be found on our website [Food and Nutrition Policy](#)

As part of this policy, it outlines what is suggested as a healthy well-balanced lunchbox. It is considered best practice to share this with parents to enable them to make healthy choices for their children. The policy states:

If food is brought into school, we encourage parents to provide healthy well-balanced packed lunches. For children aged 5 years and above preparing a healthy lunchbox includes:

- **Starchy foods – e.g. bread, rice, potatoes, pasta**
- **Protein foods – e.g. beans, pulses, egg, fish, poultry and meat**
- **A dairy item – e.g. cheese or yoghurt**
- **Vegetables or salad**
- **A portion of fruit**
- **Water**

Please feel free to contact me via Reach More Parents if you have any questions about any part of the Food and Nutrition Policy.

Thank you for your continued support

A handwritten signature in black ink that reads "Dan Andrews".

Dan Andrews
Head Teacher

Contact us

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